

## Why AstraXyme? Why Enzymes?

The following are ways in which enzymes may help improve health:

**Strengthens the immune system.** Enzymes have been found to deliver nutrients to our cells, carry away toxic debris, digest food, purify the blood, deliver hormones by feeding and fortifying the endocrine system and balance the cholesterol and triglycerides levels while doing no harm to the body.

**Break down fats.** Research has shown that the enzyme lipase breaks down and digests fat. This takes stress off the gallbladder, liver and pancreas. This will enhance weight loss.

**Enzymes lower cholesterol and triglycerides levels.** The body uses glucose called from the liver to feed and fortify the hypothalamus. Glucose is made from the protein stored in the liver. Most all plant foods contain protein enzymes. Red blood cells carry oxygen to the brain and along with glucose to feed the brain cells. When there is a dysfunction with this mechanism we become fatigued and are unable to think clearly. The hypothalamus directs the endocrine system and is responsible for water balance, body temperature, appetite and emotions.

**Enzymes cleanse the colon.** Foods that are not digested properly are stored in the colon and digestive problems can begin. Some researchers estimate that nearly 70% of all illness starts in the colon. Undigested protein putrefies, carbohydrates ferment, and fats turn rancid in the colon. Enzymes will break down foods properly and keep the colon free of these toxins

**Enzymes help sleep.** Enzymes enhance the endocrine glands. The under nourished endocrine system may create a malfunction in the hormonal system which can upset the nervous system and sleep patterns. When we are unable to digest food or deliver the nutrients to keep the endocrine and nervous system in balance, we can not rebuild our lifestyle or energy level.

**Enzymes help us shed excess weight and fat.** Many overweight people have a metabolic imbalance or will soon create one. Remember that the endocrine system regulates metabolism. Once we are able to fortify the endocrine system, have our bowels working regularly and can digest our food rather than turning it into fat, we have a successful combination. enzymes, especially lipase, will break down fats properly, which will help burn fat, thus promoting weight loss.

**Improves aging skin.** An adequate supply of enzymes are absolutely essential for keeping the skin young-looking and healthy. Enzymes fight the aging process by increasing blood supply to the skin, bringing with it life-giving nutrients and carrying away waste products that can make your skin look dull and wrinkled. Our circulation slows down as we get older. To counteract this we need to consume more enzymes.

**\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease**

To place an order [www.EFitAmerica.com](http://www.EFitAmerica.com)